

Dieta y ejercicio: metodologías sanas para mejorar su salud

¿Qué puede hacer para lograr el control de su colesterol "malo" (conocido como colesterol LDL) y/o su glucosa en sangre?

Los medicamentos son solo una parte del régimen de tratamiento. Usted puede desempeñar un papel activo para mejorar su salud con:

- ▲ Una dieta sana
- ▲ Un régimen de ejercicio sensato

Mejorar su dieta es más fácil de lo que cree

A continuación encontrará algunos cambios sencillos pero importantes que puede hacer y que podrían ayudarle a disminuir sus niveles de colesterol malo y/o de azúcar en sangre.



Formas sencillas a través de las cuales puede aumentar su actividad física

- ▲ Realice caminatas cortas en su vecindario, en un centro comercial o en un parque cercano
- ▲ Suba por las escaleras en lugar de por el ascensor
- ▲ Cuando esté en su trabajo, realice una caminata durante su hora de almuerzo

Debe hablar con su médico para diseñar un régimen de ejercicios que pueda llevar a cabo.

Consulte la información completa sobre el producto y otra información importante que se adjunta al reverso.

Sígale la pista a su actividad física y medicamentos

A continuación encontrará un ejemplo de cómo puede seguirle la pista a su progreso

Actividad	Duración	Impresiones posteriores	Fecha
Caminó en el centro comercial	20 minutos	Renovado, alegre	Feb. 1
Medicamento tomado	Cantidad tomada	Fecha	
Welchol	6 tabletas	Feb. 1	

INFORMACIÓN IMPORTANTE ACERCA DE WELCHOL

Welchol disminuye el colesterol LDL o "malo" si se combina con dieta y ejercicio. Puede tomarse solo o con otros medicamentos para disminuir el colesterol conocidos como estatinas.

Al combinarse con dieta y ejercicios, Welchol también disminuye los niveles de azúcar en sangre en pacientes con diabetes mellitus tipo 2 cuando se añade a otros medicamentos antidiabéticos (metformina, sulfonilureas, o insulina).

Pregúntele a su médico si Welchol es adecuado para usted.

Welchol no es adecuado para todas las personas, particularmente para aquellas que tienen obstrucción intestinal, niveles de triglicéridos en sangre superiores a 500 mg/dL o antecedentes de pancreatitis (inflamación del páncreas) ocasionada por niveles altos de triglicéridos.

No se ha demostrado que Welchol evite la enfermedad cardíaca o los ataques cardíacos.

Informe a su médico si tiene niveles altos de triglicéridos (mayores que 300 mg/dL).

Informe a su médico si tiene problemas estomacales o intestinales, incluidos gastroparesis (cuando el estómago se demora demasiado en evacuar su contenido), contracciones anormales del sistema digestivo, cirugía mayor del tracto gastrointestinal, dificultades para tragar, o si tiene deficiencias de vitamina A, D, E o K.

Se sabe que Welchol interactúa con gliburida (un fármaco para la diabetes), levotiroxina (un fármaco utilizado para tratar una tiroides con una menor actividad que la normal) y ciertos contraceptivos orales. Welchol no ha sido estudiado con todas las combinaciones posibles de fármacos y suplementos. Antes de comenzar a tomar Welchol informe a su médico sobre los medicamentos y suplementos que pueda estar tomando, ya que es posible que su médico le diga que tome sus demás medicamentos y suplementos 4 horas antes de tomar Welchol.

Recuerde informar a su médico si está embarazada, tiene pensado quedar embarazada o está amamantando.

Los efectos secundarios que tuvieron una incidencia mayor en pacientes con niveles altos de colesterol LDL (colesterol "malo") que en el grupo de placebo (una píldora de "azúcar") fueron estreñimiento (11.0% vs. 7.0%), indigestión (8.3% vs. 3.5%), náuseas (4.2% vs. 3.9%), lesión accidental (3.7% vs. 2.7%), debilidad (3.6% vs. 1.9%), dolor de garganta (3.2% vs. 1.9%), síntomas similares al resfriado (3.2% vs. 3.1%), goteo nasal (3.2% vs. 3.1%) y dolores musculares (2.1% vs. 0.4%).

Los efectos secundarios que tuvieron una incidencia mayor en pacientes con diabetes tipo 2 que en el grupo de placebo fueron estreñimiento (8.7% vs. 2.0%), inflamación de pasajes nasales y garganta (4.1% vs. 3.6%), indigestión (3.9% vs. 1.4%), hipoglucemia (3.0% vs. 2.3%), náuseas (3.0% vs. 1.4%) y presión arterial alta (2.8% vs. 1.6%).

Para más información, incluida información completa sobre el producto, así como herramientas útiles para ayudarle, consulte la página www.welchol.com



HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use WELCHOL safely and effectively. See full prescribing information for WELCHOL.

WELCHOL (colesevelam hydrochloride)

Initial U.S. Approval: 2000

RECENT MAJOR CHANGES

Indications and Usage, Type 2 Diabetes (1.2)	1/2008
Dosage and Administration, Type 2 Diabetes (2.2)	1/2008
Contraindications (4)	1/2008
Warnings and Precautions (5)	1/2008

INDICATIONS AND USAGE

- WELCHOL is a bile acid sequestrant indicated as an adjunct to diet and exercise to
- reduce elevated low-density lipoprotein cholesterol (LDL-C) in patients with primary hyperlipidemia as monotherapy or in combination with an hydroxymethyl-glutaryl-coenzyme A (HMG-CoA) reductase inhibitor (1.1).
 - improve glycemic control in adults with type 2 diabetes mellitus (1.2).

Important Limitations of Use (1.3):

- Do not use for glycemic control in type 1 diabetes or for treating diabetic ketoacidosis.
- WELCHOL has not been studied in type 2 diabetes as monotherapy or in combination with a dipeptidyl peptidase 4 inhibitor and has not been extensively studied in combination with thiazolidinediones.
- WELCHOL has not been studied in Fredrickson Type I, III, IV, and V dyslipidemias.

DOSAGE AND ADMINISTRATION

- The recommended dose is 6 tablets once daily or 3 tablets twice daily. WELCHOL should be taken with a meal and liquid (2.1, 2.2)

DOSAGE FORMS AND STRENGTHS

Tablets: 625 mg (3)

CONTRAINDICATIONS

- Do not use in patients with a history of bowel obstruction (4)
- Do not use in patients with serum triglyceride (TG) concentrations >500 mg/dL (4)
- Do not use in patients with a history of hypertriglyceridemia-induced pancreatitis (4)

WARNINGS AND PRECAUTIONS

- The effect of WELCHOL on cardiovascular morbidity and mortality has not been determined (5.1).
- WELCHOL can increase TG, particularly when used with insulin or sulfonylureas. Marked hypertriglyceridemia can cause acute pancreatitis. The effect of hypertriglyceridemia on the risk of coronary artery disease is uncertain. Monitor lipids, including TG and non-high density lipoprotein cholesterol (non-HDL-C) (5.2).

- Bile acid sequestrants may decrease absorption of fat-soluble vitamins. Use caution in patients susceptible to fat-soluble vitamin deficiencies (5.3).
- Because of its constipating effects, WELCHOL is not recommended in patients at risk of bowel obstruction (e.g., patients with gastroparesis, other gastrointestinal motility disorders or a history of major gastrointestinal surgery) (5.4).
- WELCHOL reduces gastrointestinal absorption of some drugs. Administer drugs with a known interaction with colesevelam at least 4 hours prior to WELCHOL. Drugs that have not been tested for interaction with colesevelam, especially those with a narrow therapeutic index, should also be administered at least 4 hours prior to WELCHOL. Alternatively, monitor drug levels of the co-administered drug. (5.5, 7, 12.3)

ADVERSE REACTIONS

In clinical trials, the most common (incidence $\geq 2\%$ and greater than placebo) adverse reactions with WELCHOL included constipation, dyspepsia, and nausea. In the diabetes trials, the overall incidence of hypoglycemia was 3.0% in WELCHOL-treated patients and 2.3% in placebo-treated patients (6.1).

Postmarketing reports with concomitant WELCHOL administration include:

- Increased seizure activity or decreased phenytoin levels in patients receiving phenytoin. Administer phenytoin 4 hours prior to WELCHOL.
- Reduced International Normalized Ratio (INR) in patients receiving warfarin. Monitor INR.
- Elevated thyroid-stimulating hormone (TSH) in patients receiving thyroid hormone replacement therapy. Administer thyroid hormones 4 hours prior to WELCHOL.

Other postmarketing reports include bowel obstruction, dysphagia, esophageal obstruction, fecal impaction, hypertriglyceridemia, pancreatitis, and increased transaminases (5.5, 6.2, 7, 12.3).

To report SUSPECTED ADVERSE REACTIONS, contact Daiichi Sankyo, Inc. at 1-877-437-7763 or FDA at 1-800-332-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

In drug interaction studies, WELCHOL reduced levels of glyburide, levothyroxine, and oral contraceptives containing ethinyl estradiol and norethindrone.

There have been postmarketing reports of decreases in phenytoin levels in patients receiving phenytoin concomitantly with WELCHOL and decreases in INR in patients receiving warfarin concomitantly with WELCHOL. (5.5, 7, 12.3)

See Section 17 for PATIENT COUNSELING INFORMATION.

Revised 1/2008

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FULL PRESCRIBING INFORMATION

1 INDICATIONS AND USAGE

1.1 Primary Hyperlipidemia

WELCHOL is indicated as an adjunct to diet and exercise to reduce elevated low-density lipoprotein cholesterol (LDL-C) in patients with primary hyperlipidemia (Fredrickson Type IIa) as monotherapy or in combination with an hydroxymethylglutaryl-coenzyme A (HMG-CoA) reductase inhibitor. Lipid-altering agents should be used in addition to a diet restricted in saturated fat and cholesterol when response to diet and non-pharmacological interventions alone has been inadequate [See *Clinical Studies (14.1)*].

In patients with coronary heart disease (CHD) or CHD risk equivalents such as diabetes mellitus, LDL-C treatment goals are <100 mg/dL. An LDL-C goal of <70 mg/dL is a therapeutic option on the basis of recent trial evidence. If LDL-C is at goal but the serum triglyceride (TG) value is >200 mg/dL, then non-HDL cholesterol (non-HDL-C) (total cholesterol [TC] minus high density lipoprotein cholesterol [HDL-C]) becomes a secondary target of therapy. The goal for non-HDL-C in persons with high serum TG is set at 30 mg/dL higher than that for LDL-C.

1.2 Type 2 Diabetes Mellitus

WELCHOL is indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus [See *Clinical Studies (14.2)*].

Diabetes mellitus is considered a CHD risk equivalent. In addition to glycemic control, intensive lipid control is warranted [See *Indications and Usage (1.1)* and *Warnings and Precautions (5.2)*].

1.3 Important Limitations of Use

- WELCHOL should not be used for the treatment of type 1 diabetes or for the treatment of diabetic ketoacidosis.
- WELCHOL has not been studied in type 2 diabetes as monotherapy or in combination with a dipeptidyl peptidase 4 inhibitor and has not been extensively studied in combination with thiazolidinediones.
- WELCHOL has not been studied in Fredrickson Type I, III, IV, and V dyslipidemias.

2 DOSAGE AND ADMINISTRATION

2.1 Primary Hyperlipidemia

The recommended dose of WELCHOL, whether used as monotherapy or in combination with an HMG-CoA reductase inhibitor, is 6 tablets once daily or 3 tablets twice daily. WELCHOL should be taken with a meal and liquid.

WELCHOL can be dosed at the same time as an HMG-CoA reductase inhibitor or the two drugs can be dosed apart [See *Clinical Studies (14.1)*].

After initiation of WELCHOL, lipid levels should be analyzed within 4 to 6 weeks.

2.2 Type 2 Diabetes Mellitus

The recommended dose of WELCHOL is 6 tablets once daily or 3 tablets twice daily. WELCHOL should be taken with a meal and liquid.

3 DOSAGE FORMS AND STRENGTHS

625 mg tablets are off-white, oval, film-coated and imprinted with "Sankyo" and "C01" on one side.

4 CONTRAINDICATIONS

WELCHOL is contraindicated in patients with

- A history of bowel obstruction [See *Warnings and Precautions (5.4)*]
- Serum TG concentrations >500 mg/dL [See *Warnings and Precautions (5.2)*]
- A history of hypertriglyceridemia-induced pancreatitis [See *Warnings and Precautions (5.2)*]

5 WARNINGS AND PRECAUTIONS

5.1 General

The effect of WELCHOL on cardiovascular morbidity and mortality has not been determined.

5.2 Serum Triglycerides (TG)

WELCHOL, like other bile acid sequestrants, can increase serum TG concentrations.

WELCHOL had small effects on serum TG (median increase 5% compared to placebo) in trials of patients with primary hyperlipidemia [See *Adverse Reactions (6.1)* and *Clinical Studies (14.1)*].

In clinical trials in patients with type 2 diabetes, greater increases in TG levels occurred when WELCHOL was used in combination with sulfonyleureas (median increase 18% compared to placebo in combination with sulfonyleureas) and when WELCHOL was used in combination with insulin (median increase 22% compared to placebo in combination with insulin) [See *Adverse Reactions (6.1)* and *Clinical Studies (14.2)*]. Hypertriglyceridemia of sufficient severity can cause acute pancreatitis. The long-term effect of hypertriglyceridemia on the risk of coronary artery disease is uncertain. In patients with type 2 diabetes, the effect of WELCHOL on LDL-C levels may be attenuated by WELCHOL's effects on TG levels and a smaller reduction in non-HDL-C compared to the reduction in LDL-C. Caution should be exercised when treating patients with TG levels greater than 300 mg/dL. Because most patients in the WELCHOL clinical trials had baseline TG <300 mg/dL, it is unknown whether patients with more uncontrolled baseline hypertriglyceridemia would have greater increases in serum TG levels with WELCHOL. In addition, the use of WELCHOL is contraindicated in patients with TG levels >500 mg/dL [See *Contraindications (4)*]. Lipid parameters, including TG levels and non-HDL-C,

should be obtained before starting WELCHOL and periodically thereafter. WELCHOL should be discontinued if TG levels exceed 500 mg/dL or if the patient develops hypertriglyceridemia-induced pancreatitis [See *Adverse Reactions (6.1)*].

5.3 Vitamin K or Fat-Soluble Vitamin Deficiencies Precautions

Bile acid sequestrants may decrease the absorption of fat-soluble vitamins A, D, E, and K. No specific clinical studies have been conducted to evaluate the effects of WELCHOL on the absorption of co-administered dietary or supplemental vitamin therapy. In non-clinical safety studies, rats administered colessevelam hydrochloride at doses greater than 30-fold the projected human clinical dose experienced hemorrhage from vitamin K deficiency. Patients on oral vitamin supplementation should take their vitamins at least 4 hours prior to WELCHOL. Caution should be exercised when treating patients with a susceptibility to deficiencies of vitamin K (e.g., patients on warfarin, patients with malabsorption syndromes) or other fat-soluble vitamins.

5.4 Gastrointestinal Disorders

Because of its constipating effects, WELCHOL is not recommended in patients with gastroparesis, other gastrointestinal motility disorders, and in those who have had major gastrointestinal tract surgery and who may be at risk for bowel obstruction. Because of the tablet size, WELCHOL can cause dysphagia or esophageal obstruction and should be used with caution in patients with dysphagia or swallowing disorders.

5.5 Drug Interactions

WELCHOL reduces gastrointestinal absorption of some drugs. Drugs with a known interaction with colessevelam should be administered at least 4 hours prior to WELCHOL. Drugs that have not been tested for interaction with colessevelam, especially those with a narrow therapeutic index, should also be administered at least 4 hours prior to WELCHOL. Alternatively, the physician should monitor drug levels of the co-administered drug [See *Drug Interactions (7)* and *Clinical Pharmacology (12.3)*].

6 ADVERSE REACTIONS

6.1 Clinical Studies Experience

Because clinical studies are conducted under widely varying conditions, adverse reaction rates observed in the clinical studies of a drug cannot be directly compared to rates in clinical studies of another drug and may not reflect the rates observed in practice.

In the lipid-lowering trials, 807 patients received at least one dose of WELCHOL (total exposure 199 patient-years). In the type 2 diabetes trials, 566 patients received at least one dose of WELCHOL (total exposure 209 patient-years).

In clinical trials for the reduction of LDL-C, 68% of patients receiving WELCHOL vs. 64% of patients receiving placebo reported an adverse reaction. In clinical trials of type 2 diabetes, 60% of patients receiving WELCHOL vs. 56% of patients receiving placebo reported an adverse reaction.

Primary Hyperlipidemia: In 7 double-blind, placebo-controlled, clinical trials, 807 patients with primary hyperlipidemia (age range 18-86 years, 50% women, 90% Caucasians, 7% Blacks, 2% Hispanics, 1% Asians) and elevated LDL-C were treated with WELCHOL 1.5 g/day to 4.5 g/day from 4 to 24 weeks.

Table 1

Placebo-Controlled Clinical Studies of WELCHOL for Primary Hyperlipidemia: Adverse Reactions Reported in ≥2% of Patients and More Commonly than in Patients Given Placebo, Regardless of Investigator Assessment of Causality

	Number of Patients (%)	
	WELCHOL N = 807	Placebo N = 258
Constipation	89 (11.0)	18 (7.0)
Dyspepsia	67 (8.3)	9 (3.5)
Nausea	34 (4.2)	10 (3.9)
Accidental injury	30 (3.7)	7 (2.7)
Asthenia	29 (3.6)	5 (1.9)
Pharyngitis	26 (3.2)	5 (1.9)
Flu syndrome	26 (3.2)	8 (3.1)
Rhinitis	26 (3.2)	8 (3.1)
Myalgia	17 (2.1)	1 (0.4)

Type 2 Diabetes Mellitus: The safety of WELCHOL in patients with type 2 diabetes mellitus was evaluated in 4 double-blind, 12-26 week, placebo-controlled clinical trials. These trials involved 1128 patients (566 patients on WELCHOL; 562 patients on placebo) with inadequate glycemic control on metformin, sulfonyleurea, or insulin when these agents were used alone or in combination with other anti-diabetic agents. Upon completion of the pivotal trials, 492 patients entered a 52-week open-label uncontrolled extension study during which all patients received WELCHOL 3.8 g/day while continuing background treatment with metformin, sulfonyleurea, or insulin alone or in combination with other anti-diabetic agents.

A total of 6.7% of WELCHOL-treated patients and 3.2% of placebo-treated patients were discontinued from the diabetes trials due to adverse reactions. This difference was driven mostly by gastrointestinal adverse reactions such as abdominal pain and constipation.

One patient in the pivotal trials discontinued due to body rash and mouth blistering that occurred after the first dose of WELCHOL, which may represent a hypersensitivity reaction to WELCHOL.

Table 2

Placebo-Controlled Clinical Studies of WELCHOL Add-on Combination Therapy with Metformin, Insulin, Sulfonylureas: Adverse Reactions Reported in $\geq 2\%$ of Patients and More Commonly than in Patients Given Placebo, Regardless of Investigator Assessment of Causality

	Number of Patients (%)	
	WELCHOL N = 566	Placebo N = 562
Constipation	49 (8.7)	11 (2.0)
Nasopharyngitis	23 (4.1)	20 (3.6)
Dyspepsia	22 (3.9)	8 (1.4)
Hypoglycemia	17 (3.0)	13 (2.3)
Nausea	17 (3.0)	8 (1.4)
Hypertension	16 (2.8)	9 (1.6)

Hypertriglyceridemia: Patients with fasting serum TG levels above 500 mg/dL were excluded from the diabetes clinical trials. In the phase 3 diabetes trials, 637 (63%) patients had baseline fasting serum TG levels less than 200 mg/dL, 261 (25%) had baseline fasting serum TG levels between 200 and 300 mg/dL, 111 (11%) had baseline fasting serum TG levels between 300 and 500 mg/dL, and 9 (1%) had fasting serum TG levels greater than or equal to 500 mg/dL. The median baseline fasting TG concentration for the study population was 172 mg/dL; the median post-treatment fasting TG was 195 mg/dL in the WELCHOL group and 177 mg/dL in the placebo group. WELCHOL therapy resulted in a median placebo-corrected increase in serum TG of 5% ($p=0.22$), 22% ($p<0.001$), and 18% ($p<0.001$) when added to metformin, insulin and sulfonylureas, respectively [See *Warnings and Precautions (5.2) and Clinical Studies (14.2)*]. In comparison, WELCHOL resulted in a median increase in serum TG of 5% compared to placebo ($p=0.42$) in a 24-week monotherapy lipid-lowering trial [See *Clinical Studies (14.1)*].

Treatment-emergent fasting TG concentrations ≥ 500 mg/dL occurred in 4.1% of WELCHOL-treated patients compared to 2.0% of placebo-treated patients. Among these patients, the TG concentrations with WELCHOL (median 604 mg/dL; interquartile range 538-712 mg/dL) were similar to that observed with placebo (median 644 mg/dL; interquartile range 574-724 mg/dL). Two (0.4%) patients on WELCHOL and 2 (0.4%) patients on placebo developed TG elevations ≥ 1000 mg/dL. In all WELCHOL clinical trials, including studies in patients with type 2 diabetes and patients with primary hyperlipidemia, there were no reported cases of acute pancreatitis associated with hypertriglyceridemia. It is unknown whether patients with more uncontrolled, baseline hypertriglyceridemia would have greater increases in serum TG levels with WELCHOL [See *Contraindications (4) and Warnings and Precautions (5.2)*].

Cardiovascular adverse events: During the diabetes clinical trials, the incidence of patients with treatment-emergent serious adverse events involving the cardiovascular system was 3% (17/566) in the WELCHOL group and 2% (10/562) in the placebo group. These overall rates included disparate events (e.g., myocardial infarction, aortic stenosis, and bradycardia); therefore, the significance of this imbalance is unknown.

Hypoglycemia: Adverse events of hypoglycemia were reported based on the clinical judgment of the blinded investigators and did not require confirmation with finger-stick glucose testing. The overall reported incidence of hypoglycemia was 3.0% in patients treated with WELCHOL and 2.3% in patients treated with placebo. No WELCHOL treated patients developed severe hypoglycemia.

6.2 Post-marketing Experience

The following additional adverse reactions have been identified during post-approval use of WELCHOL. Because these reactions are reported voluntarily from a population of uncertain size, it is generally not possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Drug Interactions with concomitant WELCHOL administration include:

- Increased seizure activity or decreased phenytoin levels in patients receiving phenytoin. Phenytoin should be administered 4 hours prior to WELCHOL.
- Reduced International Normalized Ratio (INR) in patients receiving warfarin therapy. In warfarin-treated patients, INR should be monitored frequently during WELCHOL initiation then periodically thereafter.
- Elevated thyroid-stimulating hormone (TSH) in patients receiving thyroid hormone replacement therapy. Thyroid hormone replacement should be administered 4 hours prior to WELCHOL [See *Drug Interactions (7)*].

Gastrointestinal Adverse Reactions

Bowel obstruction (in patients with a history of bowel obstruction or resection), dysphagia or esophageal obstruction (occasionally requiring medical intervention), fecal impaction, pancreatitis, abdominal distension, exacerbation of hemorrhoids, and increased transaminases.

Laboratory Abnormalities

Hypertriglyceridemia

7 DRUG INTERACTIONS

Table 3 lists the drugs that have been tested in *in vitro* binding or *in vivo* drug interaction studies with colesevelam and/or drugs with postmarketing reports consistent with potential drug-drug interactions. Orally administered drugs that have not been tested for interaction with colesevelam, especially those with a narrow therapeutic index, should also be administered at least 4 hours prior to WELCHOL. Alternatively, the physician should monitor drug levels of the co-administered drug.

Table 3

Drugs Tested in *In Vitro* Binding or *In Vivo* Drug Interaction Testing or With Post-Marketing Reports

Drugs with a known interaction with colesevelam ^a	Glyburide, levothyroxine, and oral contraceptives containing ethinyl estradiol and norethindrone
Drugs with postmarketing reports consistent with potential drug-drug interactions when coadministered with WELCHOL	phenytoin ^a , warfarin ^b
Drugs that do not interact with colesevelam based on <i>in vitro</i> or <i>in vivo</i> testing	cephalexin, ciprofloxacin, digoxin, warfarin ^b , fenofibrate, lovastatin, metformin, metoprolol, pioglitazone, quinidine, repaglinide, valproic acid, verapamil

^a Should be administered at least 4 hours prior to WELCHOL

^b No significant alteration of warfarin drug levels with warfarin and WELCHOL coadministration in an *in vivo* study which did not evaluate warfarin pharmacodynamics (INR). [See *Post-marketing Experience (6.2)*]

In an *in vivo* drug interaction study, WELCHOL and warfarin coadministration had no effect on warfarin drug levels. This study did not assess the effect of WELCHOL and warfarin coadministration on INR. In postmarketing reports, concomitant use of WELCHOL and warfarin has been associated with reduced INR. Therefore, in patients on warfarin therapy, the INR should be monitored before initiating WELCHOL and frequently enough during early WELCHOL therapy to ensure that no significant alteration in INR occurs. Once the INR is stable, continue to monitor the INR at intervals usually recommended for patients on warfarin. [See *Post-marketing Experience (6.2)*]

8 USE IN SPECIFIC POPULATIONS

8.1 Pregnancy

Pregnancy Category B. There are no adequate and well-controlled studies of colesevelam use in pregnant women. Animal reproduction studies in rats and rabbits revealed no evidence of fetal harm. Requirements for vitamins and other nutrients are increased in pregnancy. However, the effect of colesevelam on the absorption of fat-soluble vitamins has not been studied in pregnant women. This drug should be used during pregnancy only if clearly needed.

In animal reproduction studies, colesevelam revealed no evidence of fetal harm when administered to rats and rabbits at doses 50 and 17 times the maximum human dose, respectively. Because animal reproduction studies are not always predictive of human response, this drug should be used in pregnancy only if clearly needed.

8.3 Nursing Mothers

Colesevelam hydrochloride is not expected to be excreted in human milk because colesevelam hydrochloride is not absorbed systemically from the gastrointestinal tract.

8.4 Pediatric Use

The safety and effectiveness of WELCHOL in pediatric patients have not been established. Because of the tablet size, WELCHOL is not recommended for use in the pediatric population.

8.5 Geriatric Use

Primary Hyperlipidemia: Of the 1350 patients enrolled in the hyperlipidemia clinical studies, 349 (26%) were ≥ 65 years old, and 58 (4%) were ≥ 75 years old. No overall differences in safety or effectiveness were observed between these subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

Type 2 Diabetes Mellitus: Of the 1128 patients enrolled in the four diabetes studies, 249 (22%) were ≥ 65 years old, and 12 (1%) were ≥ 75 years old. In these trials, WELCHOL 3.8 g/day or placebo was added onto background anti-diabetic therapy. No overall differences in safety or effectiveness were observed between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

8.6 Hepatic Impairment

No special considerations or dosage adjustments are recommended when WELCHOL is administered to patients with hepatic impairment.

8.7 Renal Impairment

Type 2 Diabetes Mellitus: Of the 1128 patients enrolled in the four diabetes studies, 696 (62%) had mild renal insufficiency (creatinine clearance [CrCl] 50- <80 mL/min), 53 (5%) had moderate renal insufficiency (CrCl 30- <50 mL/min), and none had severe renal insufficiency (CrCl <30 mL/min), as estimated from baseline serum creatinine using the Modification of Diet in Renal Disease (MDRD) equation. No overall differences in safety or effectiveness were observed between patients with CrCl <50 mL/min ($n=53$) and those with a CrCl ≥ 50 mL/min ($n=1075$).

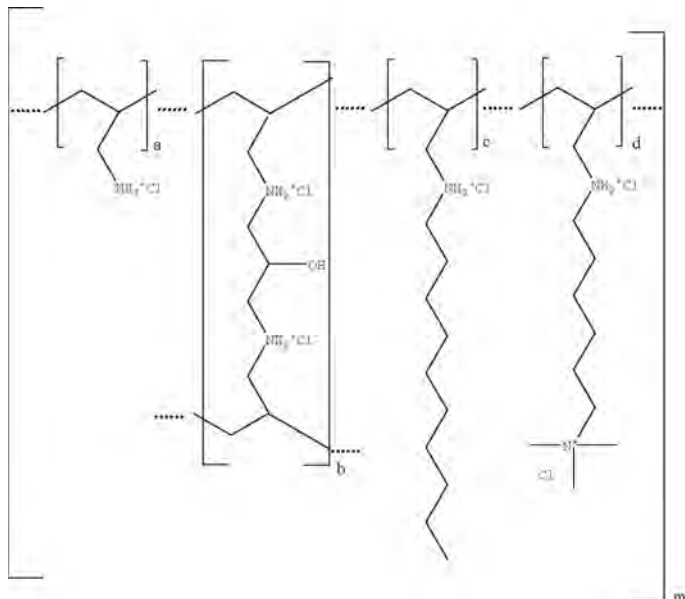
10 OVERDOSAGE

Doses of WELCHOL in excess of 4.5 g/day have not been tested. Because WELCHOL is not absorbed, the risk of systemic toxicity is low. However, excessive doses of WELCHOL may cause more severe local gastrointestinal effects (e.g., constipation) than recommended doses.

11 DESCRIPTION

WELCHOL (colesevelam hydrochloride) is a non-absorbed, polymeric, lipid-lowering and glucose-lowering agent intended for oral administration. Colesevelam hydrochloride is a high-capacity bile acid-binding molecule.

Colesevelam hydrochloride is poly(allylamine hydrochloride) cross-linked with epichlorohydrin and alkylated with 1-bromodecane and (6-bromohexyl)-trimethylammonium bromide. The chemical name (IUPAC) of colesevelam hydrochloride is allylamine polymer with 1-chloro-2,3-epoxypropane, [6-(allylamino)-hexyl]trimethylammonium chloride and N-allyldecylamine, hydrochloride. The chemical structure of colesevelam hydrochloride is represented by the following formula:



wherein (a) represents allyl amine monomer units that have not been alkylated by either of the 1-bromodecane or (6-bromohexyl)-trimethylammonium bromide alkylating agents or cross-linked by epichlorohydrin; (b) represents allyl amine units that have undergone crosslinking with epichlorohydrin; (c) represents allyl amine units that have been alkylated with a decyl group; (d) represents allyl amine units that have been alkylated with a (6-trimethylammonium) hexyl group, and m represents a number ≥ 100 to indicate an extended polymer network. A small amount of the amines are dialkylated, and are not depicted in the formula above. No regular order of the groups is implied by the structure; cross-linking and alkylation are expected to occur randomly along the polymer chains. A large amount of the amines are protonated. The polymer is depicted in the hydrochloride form; a small amount of the halides are bromide. Colesevelam hydrochloride is hydrophilic and insoluble in water.

WELCHOL is an off-white, oval, film-coated, solid tablet containing 625 mg colesevelam hydrochloride. In addition, each tablet contains the following inactive ingredients: magnesium stearate, microcrystalline cellulose, silicon dioxide, HPMC (hydroxypropyl methylcellulose), and acetylated monoglyceride. The tablets are imprinted using a water-soluble black ink.

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

Primary Hyperlipidemia: Colesevelam hydrochloride, the active pharmaceutical ingredient in WELCHOL, is a non-absorbed, lipid-lowering polymer that binds bile acids in the intestine, impeding their reabsorption. As the bile acid pool becomes depleted, the hepatic enzyme, cholesterol 7- α -hydroxylase, is upregulated, which increases the conversion of cholesterol to bile acids. This causes an increased demand for cholesterol in the liver cells, resulting in the dual effect of increasing transcription and activity of the cholesterol biosynthetic enzyme, HMG-CoA reductase, and increasing the number of hepatic LDL receptors. These compensatory effects result in increased clearance of LDL-C from the blood, resulting in decreased serum LDL-C levels. Serum TG levels may increase or remain unchanged.

Type 2 Diabetes Mellitus: The mechanism by which WELCHOL improves glycemic control is unknown.

12.2 Pharmacodynamics

A maximum therapeutic response to the lipid-lowering effects of WELCHOL was achieved within 2 weeks and was maintained during long-term therapy. In the diabetes clinical studies, a therapeutic response to WELCHOL, as reflected by a reduction in hemoglobin A1C (A1C), was initially noted following 4-6 weeks of treatment and reached maximal or near-maximal effect after 12-18 weeks of treatment.

12.3 Pharmacokinetics

Absorption: Colesevelam hydrochloride is a hydrophilic, water-insoluble polymer that is not hydrolyzed by digestive enzymes and is not absorbed.

Distribution: Colesevelam hydrochloride is not absorbed, and therefore, its distribution is limited to the gastrointestinal tract.

Metabolism: Colesevelam hydrochloride is not metabolized systemically and does not interfere with systemic drug-metabolizing enzymes such as cytochrome P-450.

Excretion: In 16 healthy volunteers, an average of 0.05% of administered radioactivity from a single ¹⁴C-labeled colesevelam hydrochloride dose was excreted in the urine.

Drug Interactions: Drug interactions between colesevelam and concomitantly administered drugs were screened through *in vitro* studies and confirmed in *in vivo* studies. *In vitro* studies demonstrated that cephalexin, metformin, and ciprofloxacin had negligible binding to colesevelam hydrochloride. Therefore, an *in vivo* pharmacokinetic interaction of WELCHOL with these drugs is unlikely. WELCHOL was found to have no significant effect on the bioavailability of digoxin, fenofibrate, lovastatin, metoprolol, quinidine, valproic acid, pioglitazone, and warfarin. The results of additional *in vivo* drug interactions of WELCHOL are presented in Table 4.

Drug interactions between WELCHOL and other commonly co-administered drugs in patients with type 2 diabetes (including rosiglitazone maleate, glimepiride, glipizide, sitagliptin phosphate, angiotensin converting enzyme inhibitors, angiotensin receptor blockers, sustained-release formulations of anti-diabetic and anti-hypertensive drugs, and aspirin) have not been evaluated.

Table 4
Mean Change in Drug Exposure (AUC_{0-∞} and C_{max}) when Administered with WELCHOL (3.75 g)^a

Drug	Dose	Co-administered		1 hr prior to WELCHOL		4 hr prior to WELCHOL	
		AUC _{0-∞}	C _{max}	AUC _{0-∞}	C _{max}	AUC _{0-∞}	C _{max}
Verapamil sustained-release	240 mg	-31%	-11%	N/A	N/A	N/A	N/A
Glyburide ^b	3 mg	-32%	-47%	-20%	-15%	-7%	4%
Levothyroxine ^b	600 µg	-22%	-33%	6%	-2%	1%	8%
Norethindrone* ^b	1 mg	-1%	-20%	5%	-3%	6%	7%
Ethinyl Estradiol* ^b	0.035 mg	-24%	-24%	-18%	-1%	-12%	0%
Repaglinide	2 mg	-7%	-19%	-6%	-1%	N/A	N/A

^a With verapamil, the dose of WELCHOL was 4.5 g

^b Should be administered at least 4 hours prior to WELCHOL. [See Drug Interactions (7)]

* Oral contraceptive containing norethindrone and ethinyl estradiol.

N/A – Not Available

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis: A 104-week carcinogenicity study with colesevelam hydrochloride was conducted in CD-1 mice, at oral dietary doses up to 3 g/kg/day. This dose was approximately 50 times the maximum recommended human dose of 4.5 g/day, based on body weight, mg/kg. There were no significant drug-induced tumor findings in male or female mice. In a 104-week carcinogenicity study with colesevelam hydrochloride in Harlan Sprague-Dawley rats, a statistically significant increase in the incidence of pancreatic acinar cell adenoma was seen in male rats at doses >1.2 g/kg/day (approximately 20 times the maximum human dose, based on body weight, mg/kg) (trend test only). A statistically significant increase in thyroid C-cell adenoma was seen in female rats at 2.4 g/kg/day (approximately 40 times the maximum human dose, based on body weight, mg/kg).

Mutagenesis: Colesevelam hydrochloride and 4 degradants present in the drug substance have been evaluated for mutagenicity in the Ames test and a mammalian chromosomal aberration test. The 4 degradants and an extract of the parent compound did not exhibit genetic toxicity in an *in vitro* bacterial mutagenesis assay in *S. typhimurium* and *E. coli* (Ames assay) with or without rat liver metabolic activation. An extract of the parent compound was positive in the Chinese Hamster Ovary (CHO) cell chromosomal aberration assay in the presence of metabolic activation and negative in the absence of metabolic activation. The results of the CHO cell chromosomal aberration assay with 2 of the 4 degradants, decylamine HCl and aminoethyltrimethyl ammonium chloride HCl, were equivocal in the absence of metabolic activation and negative in the presence of metabolic activation. The other 2 degradants, didecylamine HCl and 6-decylamino-hexyltrimethyl ammonium chloride HCl, were negative in the presence and absence of metabolic activation.

Impairment of Fertility: Colesevelam hydrochloride did not impair fertility in rats at doses up to 3 g/kg/day (approximately 50 times the maximum human dose, based on body weight, mg/kg).

13.2 Animal Toxicology and/or Pharmacology

Reproductive Toxicology Studies

Reproduction studies have been performed in rats and rabbits at doses up to 3 g/kg/day and 1 g/kg/day, respectively (approximately 50 and 17 times the maximum human dose, based on body weight, mg/kg) and have revealed no evidence of harm to the fetus due to colesevelam hydrochloride.

14 CLINICAL STUDIES

14.1 Primary Hyperlipidemia

WELCHOL reduces TC, LDL-C, apolipoprotein B (Apo B), and non-HDL-C when administered alone or in combination with an HMG-CoA reductase inhibitor in patients with primary hyperlipidemia.

Approximately 1400 patients were studied in 8 clinical trials with treatment durations ranging from 4 to 50 weeks. With the exception of one open-label, uncontrolled, long-term extension study, all studies were multicenter, randomized, double-blind, and placebo controlled. A maximum therapeutic response to WELCHOL was achieved within 2 weeks and was maintained during long-term therapy.

Monotherapy: In a study in patients with LDL-C between 130 mg/dL and 220 mg/dL (mean 158 mg/dL), WELCHOL was given for 24 weeks in divided doses with the morning and evening meals.

As shown in Table 5, the mean LDL-C reductions were 15% and 18% at the 3.8 g and 4.5 g doses. The respective mean TC reductions were 7% and 10%. The mean Apo B reductions were 12% in both treatment groups. WELCHOL at both doses increased HDL-C by 3%. Increases in TG of 9-10% were observed at both WELCHOL doses but the changes were not statistically different from placebo.

Table 5

Response to WELCHOL Monotherapy in a 24-Week Trial – Percent Change in Lipid Parameters from Baseline

Grams/Day	N	TC	LDL-C	Apo B	HDL-C ^a	Non-HDL-C	TG ^a
Placebo	88	+1	0	0	-1	+1	+5
3.8 g (6 tablets)	95	-7*	-15*	-12*	+3*	-10*	+10
4.5 g (7 tablets)	94	-10*	-18*	-12*	+3	-13*	+9

*p<0.05 for lipid parameters compared to placebo, for Apo B compared to baseline.

^a Median % change from baseline.

In a study in 98 patients with LDL-C between 145 mg/dL and 250 mg/dL (mean 169 mg/dL), WELCHOL 3.8 g was given for 6 weeks as a single dose with breakfast, as a single dose with dinner, or as divided doses with breakfast and dinner. The mean LDL-C reductions were 18%, 15%, and 18% for the 3 dosing regimens, respectively. The reductions with these 3 regimens were not statistically different from one another.

Combination Therapy: Co-administration of WELCHOL and an HMG-CoA reductase inhibitor (atorvastatin, lovastatin, or simvastatin) in 3 clinical studies demonstrated an additive reduction of LDL-C. The mean baseline LDL-C was 184 mg/dL in the atorvastatin study (range 156-236 mg/dL), 171 mg/dL in the lovastatin study (range 115-247 mg/dL), and 188 mg/dL in the simvastatin study (range 148-352 mg/dL). As demonstrated in Table 6, WELCHOL doses of 2.3 g to 3.8 g resulted in an additional 8% to 16% reduction in LDL-C above that seen with the HMG-CoA reductase inhibitor alone.

Table 6

Response to WELCHOL in Combination with Atorvastatin, Simvastatin, or Lovastatin – Percent Change in Lipid Parameters

Dose/Day	N	TC	LDL-C	Apo B	HDL-C ^a	Non-HDL-C	TG ^a
Atorvastatin Trial (4-week)							
Placebo	19	+4	+3	-3	+4	+4	+10
Atorvastatin 10 mg	18	-27*	-38*	-32*	+8	-35*	-24*
WELCHOL 3.8 g/ Atorvastatin 10 mg	18	-31*	-48*	-38*	+11	-40*	-1
Atorvastatin 80 mg	20	-39*	-53*	-46*	+6	-50*	-33*
Simvastatin Trial (6-week)							
Placebo	33	-2	-4	-4*	-3	-2	+6*
Simvastatin 10 mg	35	-19*	-26*	-20*	+3*	-24*	-17*
WELCHOL 3.8 g/ Simvastatin 10 mg	34	-28*	-42*	-33*	+10*	-37*	-12*
Simvastatin 20 mg	39	-23*	-34*	-26*	+7*	-30*	-12*
WELCHOL 2.3 g/ Simvastatin 20 mg	37	-29*	-42*	-32*	+4*	-37*	-12*
Lovastatin Trial (4-week)							
Placebo	26	+1	0	0	+1	+1	+1
Lovastatin 10 mg	26	-14*	-22*	-16*	+5	-19*	0
WELCHOL 2.3 g/ Lovastatin 10 mg Together	27	-21*	-34*	-24*	+4	-27*	-1
WELCHOL 2.3 g/ Lovastatin 10 mg Apart	23	-21*	-32*	-24*	+2	-28*	-2

*p<0.05 for lipid parameters compared to placebo, for Apo B compared to baseline.

^a Median % change from baseline.

In all 3 studies, the LDL-C reduction achieved with the combination of WELCHOL and any given dose of HMG-CoA reductase inhibitor therapy was statistically superior to that achieved with WELCHOL or that dose of the HMG-CoA reductase inhibitor alone. The LDL-C reduction with atorvastatin 80 mg was not statistically significantly different from the combination of WELCHOL 3.8 g and atorvastatin 10 mg.

The effect of WELCHOL when added to fenofibrate was assessed in 122 patients with mixed hyperlipidemia (Fredrickson Type IIb). Inclusion in the study required LDL-C ≥115 mg/dL and TG 150 mg/dL to 749 mg/dL. Patients were treated with 160 mg of fenofibrate during an 8-week open-label run-in period and then randomly assigned to receive fenofibrate 160 mg plus either WELCHOL 3.8 g or placebo for 6 weeks of double-blind treatment. The overall mean LDL-C at the start of randomized treatment was 144 mg/dL. The results of the study are summarized in Table 7.

Table 7

Response to WELCHOL Added to Fenofibrate in Patients with Mixed Hyperlipidemia (Mean % Change from Treated Baseline^b at 6 Weeks)

Treatment	N	TC	LDL-C	Apo B	HDL-C	Non-HDL-C	TG ^a
Placebo + Fenofibrate 160 mg	61	2	2	1	-1	2	-3
WELCHOL + Fenofibrate 160 mg	61	-6*	-10*	-7*	0	-8*	6

* p≤0.0002 compared to placebo.

^a For triglycerides, median % change from baseline.

^b Treated Baseline: following 8-week treatment with open-label fenofibrate 160 mg.

14.2 Type 2 Diabetes Mellitus

WELCHOL has been studied in combination with metformin, sulfonylureas, and insulin. WELCHOL has not been studied as monotherapy.

The efficacy of WELCHOL 3.8 g/day in patients with type 2 diabetes mellitus was evaluated in 3 double-blind, placebo-controlled add-on therapy trials involving a total of 1018 patients with baseline A1C 7.5-9.5%. Patients were enrolled and maintained on their pre-existing, stable, background anti-diabetic regimen. WELCHOL and placebo were administered either as 3 tablets twice daily with lunch and dinner or as 6 tablets with dinner alone.

In these studies, the overall mean age was 57 years (range 24-81 years), 47% were women, and 59% of the patients were Caucasian, 23% were Hispanic, 14% were Black, 3% were Asian, and 1% were of other racial groups. Statin use at baseline was reported in 42% of the WELCHOL-treated patients and 50% of the placebo-treated patients.

In all 3 pivotal add-on therapy trials, treatment with WELCHOL resulted in a statistically significant reduction in A1C of 0.5% compared to placebo. Similar placebo-corrected reductions in A1C occurred in patients who received WELCHOL in combination with metformin, sulfonylurea, or insulin monotherapy or combinations of these therapies with other anti-diabetic agents. In the metformin and sulfonylurea trials, treatment with WELCHOL also resulted in statistically significant reductions in fasting plasma glucose (FPG) of 14 mg/dL compared to placebo.

WELCHOL had consistent effects on A1C across subgroups of age, gender, race, body mass index, and baseline A1C. WELCHOL's effects on A1C were also similar for the two dosing regimens (3 tablets with lunch and with dinner or 6 tablets with dinner alone).

The mean baseline LDL-C was 104 mg/dL in the metformin study (range 32-214 mg/dL), 106 mg/dL in the sulfonylurea study (range 41-264 mg/dL), and 102 mg/dL in the insulin study (range 35-204 mg/dL). In these trials, WELCHOL treatment was associated with a 12% to 16% reduction in LDL-C levels. The percentage decreases in LDL-C were of similar magnitude to those observed in patients with primary hyperlipidemia. WELCHOL treatment was associated with statistically significant increases in TG levels in the studies of patients on insulin and patients on a sulfonylurea, but not in the study of patients on metformin. The clinical significance of these increases is unknown. WELCHOL is contraindicated in patients with TG levels >500 mg/dL [See *Contraindications (4)*] and periodic monitoring of lipid parameters including TG and non-HDL-C levels is recommended [See *Warnings and Precautions (5.2)* and *Adverse Reactions (6.1)*].

Body weight did not significantly increase from baseline with WELCHOL therapy, compared with placebo, in any of the 3 pivotal clinical studies.

Add-on Combination Therapy with Metformin: WELCHOL 3.8 g/day or placebo was added to background anti-diabetic therapy in a 26-week trial of 316 patients already receiving treatment with metformin alone (N=159) or metformin in combination with other oral agents (N=157). A total of 60% of these patients were receiving ≥1,500 mg/day of metformin. In combination with metformin, WELCHOL resulted in statistically significant placebo-corrected reductions in A1C and FPG (Table 8). WELCHOL also reduced TC, LDL-C, Apo B, and non-HDL-C (Table 9). The mean percent change in serum LDL-C levels with WELCHOL compared to placebo was -16% among statin users and statin non-users; the median percent change in serum TG levels with WELCHOL compared to placebo was -2% among statin users and 10% among statin non-users. The mean change in body weight was -0.5 kg for WELCHOL and -0.3 kg for placebo.

Table 8
Glycemic Parameters in a 26-Week Placebo-Controlled Study of WELCHOL in Combination with Metformin in Patients with Type 2 Diabetes

	Total Patient Population		Metformin Alone		Metformin in Combination with Other Oral Anti-Diabetic Agents	
	WELCHOL		WELCHOL		WELCHOL	
	3.8 g/day	Placebo	3.8 g/day	Placebo	3.8 g/day	Placebo
A1C (%), Mean						
n	148	152	79	76	69	76
Baseline	8.1	8.1	8.2	8.2	8.1	8.0
Change from baseline ^a	-0.4	0.2	-0.4	0.0	-0.4	0.3
Treatment difference (p-value)	-0.5 (p<0.001)		-0.5 (p=0.002)		-0.6 (p<0.001)	
FPG (mg/dL), Mean						
n	149	152	79	76	70	76
Baseline	178	174	184	180	171	168
Change from baseline ^a	-3	11	-7	8	0	13
Treatment difference (p-value)	-14 (p=0.01)		-14 (p=0.07)		-14 (p=0.10)	

^a Least-squares mean change calculated from an Analysis of Covariance model. A1C = hemoglobin A1C, FPG = fasting plasma glucose

Table 10
Glycemic Parameters in a 26-Week Placebo-Controlled Study of WELCHOL in Combination with Sulfonyleurea in Patients with Type 2 Diabetes

	Total Patient Population		Sulfonyleurea Alone		Sulfonyleurea in Combination with Other Oral Anti-diabetic Agents	
	WELCHOL		WELCHOL		WELCHOL	
	3.8 g/day	Placebo	3.8 g/day	Placebo	3.8 g/day	Placebo
FPG (mg/dL), Mean						
n	218	217	70	80	148	137
Baseline	177	181	181	186	175	178
Change from baseline ^a	-4	10	3	15	-11	4
Treatment difference (p-value)	-14 (p=0.009)		-12 (p=0.18)		-14 (p=0.03)	

^a Least-squares mean change calculated from an Analysis of Covariance model. A1C = hemoglobin A1C, FPG = fasting plasma glucose

Table 11
Percent Change in Lipid Parameters in a 26-Week Placebo-Controlled Study of WELCHOL in Combination With Sulfonyleurea in Patients with Type 2 Diabetes

Dose/Day	N [†]	TC	LDL-C	Apo B	HDL-C	Non-HDL-C	TG ^a
Total Patient Population							
WELCHOL 3.8 g	186	-5*	-16*	-6*	1	-6*	20*
Placebo	193	0	1	1	0	1	1
Sulfonyleurea Alone							
WELCHOL 3.8 g	57	-5	-14*	-5	-1	-6	17
Placebo	68	0	1	1	1	0	-1
Sulfonyleurea in Combination with Other Oral Anti-diabetic Agents							
WELCHOL 3.8 g	129	-5	-18*	-7*	1	-6	21*
Placebo	125	0	0	1	0	1	2

*p<0.001 for lipid parameters compared to placebo (this more stringent criterion for statistical significance accounts for multiplicity testing of the lipid parameters, which were secondary endpoints in the diabetes trials)

^a Median % change from baseline.

[†] The number of patients with analyzable data, i.e., a baseline and post-treatment value (last-observation carried forward), varied slightly among different parameters. The N given represents the smallest number of patients included in the analysis for any parameter.

Add-on Combination Therapy with Insulin: WELCHOL 3.8 g/day or placebo was added to background anti-diabetic therapy in a 16-week trial of 287 patients already treated with insulin alone (N=116) or insulin in combination with oral agents (N=171). At baseline, the median daily insulin dose was 70 units in the WELCHOL group and 65 units in the placebo group. In combination with insulin, WELCHOL resulted in a statistically significant placebo-corrected reduction in A1C (Table 12). WELCHOL also reduced LDL-C and Apo B, but increased serum TG (Table 13). The mean percent change in serum LDL-C levels with WELCHOL compared to placebo was -13% among statin users and statin non-users; the median percent increase in serum TG levels with WELCHOL compared to placebo was 24% among statin users and 17% among statin non-users. The mean change in body weight was 0.6 kg for WELCHOL and 0.2 kg for placebo.

Table 12
Glycemic Parameters in a 16-Week Placebo-Controlled Study of WELCHOL in Combination with Insulin in Patients with Type 2 Diabetes

	Total Patient Population		Insulin Alone		Insulin in Combination with Other Oral Anti-diabetic Agents	
	WELCHOL		WELCHOL		WELCHOL	
	3.8 g/day	Placebo	3.8 g/day	Placebo	3.8 g/day	Placebo
A1C (%), Mean						
n	144	136	54	55	90	81
Baseline	8.3	8.2	8.2	8.3	8.3	8.2
Change from baseline ^a	-0.4	0.1	-0.4	0.2	-0.4	0.0
Treatment difference (p-value)	-0.5 (p<0.001)		-0.6 (p<0.001)		-0.4 (p<0.001)	
FPG (mg/dL), Mean						
n	144	136	54	55	90	81
Baseline	165	151	165	163	165	143
Change from baseline ^a	2	16	8	17	-4	14
Treatment difference (p-value)	-15 (p=0.08)		-9 (p=0.51)		-18 (p=0.09)	

^a Least-squares mean change calculated from an Analysis of Covariance model. A1C = hemoglobin A1C, FPG = fasting plasma glucose

Table 9
Percent Change in Lipid Parameters in a 26-Week Placebo-Controlled Study of WELCHOL in Combination with Metformin in Patients with Type 2 Diabetes

Dose/Day	N [†]	TC	LDL-C	Apo B	HDL-C	Non-HDL-C	TG ^a
Total Patient Population							
WELCHOL 3.8 g	125	-4*	-12*	-4*	1	-6*	12
Placebo	126	3	4	4	0	5	7
Metformin Alone							
WELCHOL 3.8 g	66	-3	-9	-2	1	-4	15
Placebo	61	2	0	1	-2	4	8
Metformin in Combination with Other Oral Anti-diabetic Agents							
WELCHOL 3.8 g	59	-6*	-15*	-6*	1	-7*	8
Placebo	65	4	7	7	2	6	5

*p<0.001 for lipid parameters compared to placebo (this more stringent criterion for statistical significance accounts for multiplicity testing of the lipid parameters, which were secondary endpoints in the diabetes trials)

^a Median % change from baseline.

[†] The number of patients with analyzable data, i.e., a baseline and post-treatment value (last-observation carried forward), varied slightly among different parameters. The N given represents the smallest number of patients included in the analysis for any parameter.

Add-on Combination Therapy with Sulfonyleurea: WELCHOL 3.8 g/day or placebo was added to background anti-diabetic therapy in a 26-week trial of 460 patients already treated with sulfonyleurea alone (N=156) or sulfonyleurea in combination with other oral agents (N=304). A total of 72% of these patients were receiving at least half-maximal doses of sulfonyleurea therapy. In combination with a sulfonyleurea, WELCHOL resulted in statistically significant placebo-corrected reductions in A1C and FPG (Table 10). WELCHOL also reduced TC, LDL-C, Apo B, and non-HDL-C, but increased serum TG (Table 11). The mean percent change in serum LDL-C levels with WELCHOL compared to placebo was -18% among statin users and -15% among statin non-users; the median percent increase in serum TG with WELCHOL compared to placebo was 29% among statin users and 9% among statin non-users. The mean change in body weight was 0.0 kg for WELCHOL and -0.4 kg for placebo.

Table 10
Glycemic Parameters in a 26-Week Placebo-Controlled Study of WELCHOL in Combination with Sulfonyleurea in Patients with Type 2 Diabetes

	Total Patient Population		Sulfonyleurea Alone		Sulfonyleurea in Combination with Other Oral Anti-diabetic Agents	
	WELCHOL		WELCHOL		WELCHOL	
	3.8 g/day	Placebo	3.8 g/day	Placebo	3.8 g/day	Placebo
A1C (%), Mean						
n	218	218	69	80	149	138
Baseline	8.2	8.3	8.2	8.4	8.2	8.3
Change from baseline ^a	-0.3	0.2	-0.3	0.5	-0.4	0.0
Treatment difference (p-value)	-0.5 (p<0.001)		-0.8 (p<0.001)		-0.4 (p<0.001)	

(continued)

Table 13

Percent Change in Lipid Parameters in a 16-Week Placebo-Controlled Study of WELCHOL in Combination with Insulin in Patients with Type 2 Diabetes

Dose/Day	N [†]	TC	LDL-C	Apo B	HDL-C	Non-HDL-C	TG ^a
Total Patient Cohort							
WELCHOL 3.8 g	129	-3	-12*	-4	-1	-3	23*
Placebo	121	1	1	1	0	1	0
Insulin Alone							
WELCHOL 3.8 g	46	-3	-12	-5	0	-3	19
Placebo	48	2	4	2	3	2	-2
Insulin in Combination with Oral Anti-diabetic Agents							
WELCHOL 3.8 g	83	-4	-13	-4	-1	-3	25*
Placebo	73	-1	-3	0	-1	-1	2

*p<0.001 for lipid parameters compared to placebo (this more stringent criterion for statistical significance accounts for multiplicity testing of the lipid parameters, which were secondary endpoints in the diabetes trials)

^a Median % change from baseline.

[†] The number of patients with analyzable data, i.e., a baseline and post-treatment value (last-observation carried forward), varied slightly among different parameters. The N given represents the smallest number of patients included in the analysis for any parameter.

16 HOW SUPPLIED/STORAGE AND HANDLING

WELCHOL (colesevelam hydrochloride), 625 mg, is supplied as an off-white, solid tablet imprinted with the word "Sankyo" and "C01" on one side. WELCHOL tablets are available as follows:

- Bottles of 180 - NDC 65597-701-18

Storage: Store at 25°C (77°F); excursions permitted to 15-30°C (59-86°F) [see USP Controlled Room Temperature]. Brief exposure to 40°C (104°F) does not adversely affect the product. Protect from moisture.

17 PATIENT COUNSELING INFORMATION

Dosing: Patients should be advised to take WELCHOL with a meal and liquid. WELCHOL can be taken as 6 tablets once daily or 3 tablets twice daily. [See *Dosage and Administration (2)*]

Drug interactions: Drugs with a known interaction with colesevelam (e.g., glyburide, levothyroxine, oral contraceptives) should be administered at least 4 hours prior to WELCHOL. Drugs that have not been tested for interaction with colesevelam, especially those with a narrow therapeutic index (e.g., phenytoin), should also be administered at least 4 hours prior to WELCHOL. Alternatively the physician should monitor blood levels of the coadministered drug. [See *Drug Interactions (7)*]

Gastrointestinal: WELCHOL can cause constipation. WELCHOL is contraindicated in patients with a history of bowel obstruction. WELCHOL is not recommended in patients who may be at risk of bowel obstruction, including patients with gastroparesis, other gastrointestinal motility disorders, or a history of major gastrointestinal surgery. Patients should be instructed to consume a diet that promotes bowel regularity. Patients should be instructed to promptly discontinue WELCHOL and seek medical attention if severe abdominal pain or severe constipation occurs. Because of the tablet size, WELCHOL can cause dysphagia or esophageal obstruction and should be used with caution in patients with dysphagia or swallowing disorders. [See *Warnings and Precautions (5.4)*]

Hypertriglyceridemia and pancreatitis: Patients should be instructed to discontinue WELCHOL and seek prompt medical attention if the hallmark symptoms of acute pancreatitis occur (e.g., severe abdominal pain with or without nausea and vomiting). [See *Warnings and Precautions (5.2)*]

17.1 Primary Hyperlipidemia

Patients should be advised to adhere to their National Cholesterol Education Program (NCEP)-recommended diet.

17.2 Type 2 Diabetes Mellitus

General: Patients should be advised that it is important to adhere to dietary instructions, a regular exercise program, and regular testing of blood glucose.

Hypertriglyceridemia and cardiovascular disease: Patients receiving a sulfonylurea or insulin should be informed that WELCHOL may increase serum triglyceride concentrations and that the long-term effect of hypertriglyceridemia on the risk of coronary artery disease is uncertain. [See *Warnings and Precautions (5.2)*]

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Active Ingredient: Product of Austria

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